

To whom it may concern,

I am a Cardiff University trainee Educational Psychology student based in North Wales. For my thesis, I would like to explore how the Covid-19 pandemic may have impacted the transition into adulthood for young adults with Down Syndrome from the perspectives of parents/carers.

I would like to gain the voices of parents/carers of young adults with Down Syndrome who were in the process of, or had recently transitioned into adulthood during the Covid-19 pandemic, and so were in the age bracket of 17-25years at the start of the first lockdown (23rd March 2020) and so they would be 20-29years now. It is hoped that the insights of these parents/carers will be helpful to educational psychologists, and wider systems supporting young adults with Down Syndrome such as yourselves, as well as to young adults with Down Syndrome, and their parents/carers.

I am writing to enquire whether you would be willing to advertise this study on my behalf to parents/carers of young adults with Down Syndrome accessing your organisation? Please would it be possible for you to share the attached flyers and video with parents/carers? If possible within your remit and depending upon the distance between us, I would be happy to attend the beginning or end of a meeting/session to introduce myself, the study and share the flyers directly with parents/carers. Alternatively, if you or another professional member of the organisation could share the flyers and video with parents/carers, this would more than suffice.

The study will involve parents/carers taking part in a face-to-face one-to-one interview with myself lasting up to one hour, either in-person or online depending on their preference or the distance between us. For those parents/carers who are Welsh speakers and would prefer to do their interview in Welsh, this option is available as I am a Welsh speaker. Therefore, I have attached both English and Welsh language versions of the flyer.

Many thanks / diolch yn fawr in advance for your consideration of this project. Please let me know if you require further information. You are also welcome to contact my research supervisor, Dr Dale Bartle on the contact details provided below.

Kind regards / cofion cynnes,

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Research Supervisor

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Professional Tutor

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Any complaints may be made to:

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