

What does a smooth transition look like?

Transitions from Child to Adult Services for Young People with Learning Disabilities - IMPACT in partnership with Pembrokeshire County Council

Kath Morgan, National Embedding Co-Lead, Wales

“Good support isn’t just about ‘services’ – it’s about having a life.”

IMPACT, Improving Adult Care Together, is a £15m centre funded by the **Economic Social Research Centre** and the Health Foundation.

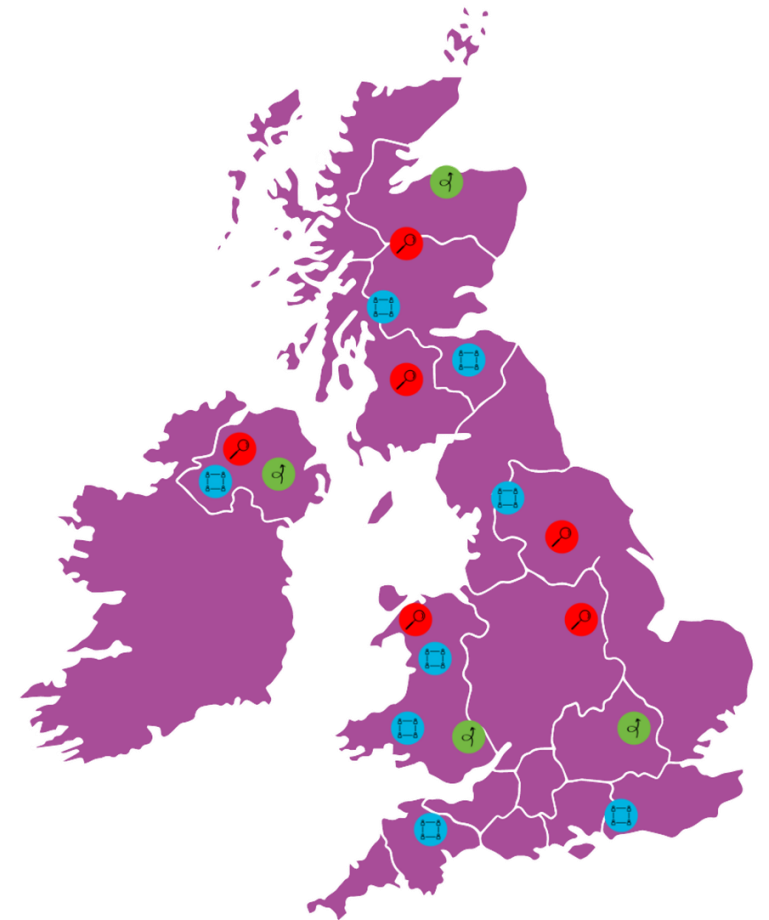
Led by Professor Jon Glasby (Birmingham Uni) with a Leadership Team of 13. In partnership with 5 UK Universities. Sarah Jenkins, Cardiff University, is IMPACT's National Lead for Wales.

IMPACT works with partners across the UK to implement evidence of what works into local practice and people's lives

Evidence includes insights from **lived experience**, **research** and **practice knowledge**. With Co-production at the heart of our work, lived experience is built into everything we do

We use learning to influence evidence informed change, local and national policy and practice.

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IMPACT Demonstrator	IMPACT Facilitator	IMPACT Networks
2024-25: A multiagency approach to transitions from children's to adults' service (Wales) 2025-26: Accessible recruitment and retention of adults with a learning disability (Wales) 2026-27: Strategic approaches to coproduction for people with a learning disability (Wales)	2024-25: Family-carer perspectives on employment for adults with learning disabilities (Wales) 2026-27: Supporting older carers and their families in Powys (Wales)	2022: Choice and control in care provision for adults with learning disabilities (CWMPAS - Wales) 2024: - Commissioning differently & Involving people with lived experience in strategic decision-making (Wales) - Involving People with Lived Experience in Strategic Decision making (Wales) 2025: Using data to improve services (Wales)
2024-25: Transitions from children to adults (NI) 2024-25: Managed budgets (NI) 2025-26: Better support for aging carers of adults with a learning disability (NI) 2024-25: Day opportunities for people with a learning disability (England) 2025-26: Encouraging young people to develop careers in social care (England) 2026-27: - Building a more strategic approach to co-production alongside people who have a learning disability (England) - Enhancing access to annual health checks for people with profound and multiple learning disabilities (England)	2024-25: Enhancing choice and control for people with a learning disability (NI) 2026-27: Improving communication and accessibility of information (NI) 2024-25: Housing models for people with learning disability (England)	2024: Social care in rural Areas (NI) 2024-25: Involving People with Lived Experience in Strategic Decision making (NI) 2023-24: People with LD/Autistic people in long stay Hospitals (England) 2024-25: - Commissioning Differently - Involving People with Lived experience in Strategic decision Making (England) 2023-24: People with LD/Autistic people in long stay Hospitals (Scotland) 2024: Commissioning Differently (Scotland) 2024-25: Involving People with Lived experience in Strategic decision Making (Scotland)

Transition Period

↑19 years as a child

←Childhood→

↑70/80 years as an adult

←Adulthood / Lifetime→

“The transition period, as the young person moves into adulthood, if we get that right, it determines the course of the rest of their lives”

The Pembrokeshire Transitions from Child to Adult Services

- Project Partner
- Coproduction strategy
- Gathered evidence and information nationally and locally to inform change
 - 60+ interviews conducted
 - Benchmarked the service - NDTi Audit Tool
- Partnership approach
 - Experts by Experience Group
 - Transitions Together Stakeholder Group - 5 meetings
- Reviewed quality and quantity of existing information
- Shared real stories – I Can I Will film
- Increased embedding investment

“Good support isn’t just about ‘services’ – it’s about having a life.”

“This session came alive for me...I’ve learnt a great deal from people with lived experience... this will have a positive impact on my role...”

“This has been mind-blowing – all of the right people, organisations and services in the room together – the opportunities that this represents are endless”.

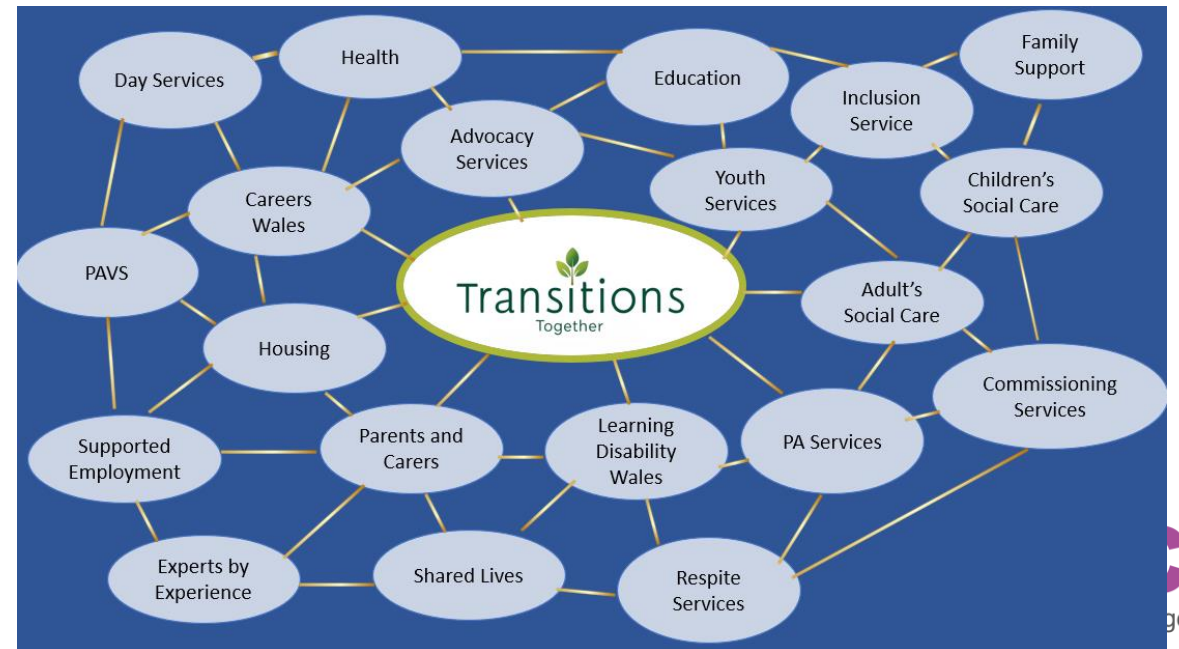
“As a parent, it’s a lonely journey, trying to find out what is available for my teenager”



Priorities for a smooth transition

- Coproduction
- Earlier conversations
- Good quality and accessible information
- Consistent support
- Work collaboratively
- See the ability, not the disability

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Sustain and spread change:

- ☐ Spotlight on Transitions Service
 - ☐ Earlier conversations 14/15yrs
 - ☐ Using data to improve service – no surprises
 - ☐ Coproduction in working practices
 - ☐ Partnership working / Relational practice
 - ☐ Accessible information
 - ☐ Mandatory training - I Can I Will film
- **Where I Want to Live digital platform / Preparing for Adulthood Information leaflet**

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A close-up, profile shot of a woman with dark, curly hair tied back, smiling warmly. She is looking slightly to her left. The background is a blurred outdoor scene with mountains and a body of water under a clear sky. The lighting is bright, suggesting daytime.

We had like... tea and coffee there.

Diolch / Thank You

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