



Grymuso teuluoedd. Cofleidio galluoedd.
Empowering families. Embracing abilities

- Wedi'i leoli yn Gwynedd.
- Sefydlwyd yn 2024 gan 3 o famau o bobl ifanc sydd â Nam Dysgu Difrifol a anghenion cyfathrebu cymhleth.
- Cymuned o rieni a gofalwyr wedi'u cefnogi, gwybodus a grymus.
- Gwaith partneriaeth gyda'r Awdurdod Lleol a sefydliadau'r trydydd sector i wella bywydau pobl sydd â Nam Dysgu.



- Based in Gwynedd
- Founded in 2024 by 3 mums of young people with Severe Learning Disabilities and complex communication needs.
- Community of supported and informed parents & carers.
- Work in partnership with the Local Authority and 3rd sector organisations to improve the lives of people with Learning Disabilities.



Efi
Unbalanced translocation
#8 &10.



Max
Autism SLD



James
Angelman syndrome



GWYNEDD

- 117,400 population
rural/low population
density
- 64.4% Welsh-speaking
- 18% disabled

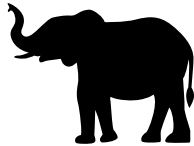


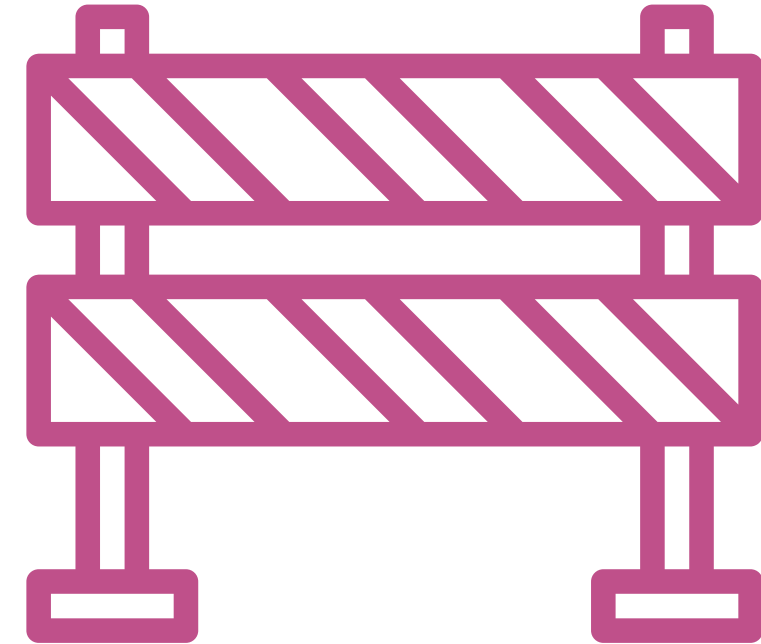
- 621 registered with the Learning Disability Service
- 473 receiving support from Derwen
- 61 carers with needs identified through the LD client assessment records.
- 496 people receive services through Cyngor Gwynedd Autism Service 2025/26
- 41 adults 18+ waiting for supported living or housing.
- 19 children waiting for Hafan y Ser
- Ysgol Hafod Lon 120
- Ysgol Pendalar 116

2018 - 2025 68% increase in cases with entitlement. 684 - 1148

tracks with 72% increase across Wales - Llechan Llas draft report.

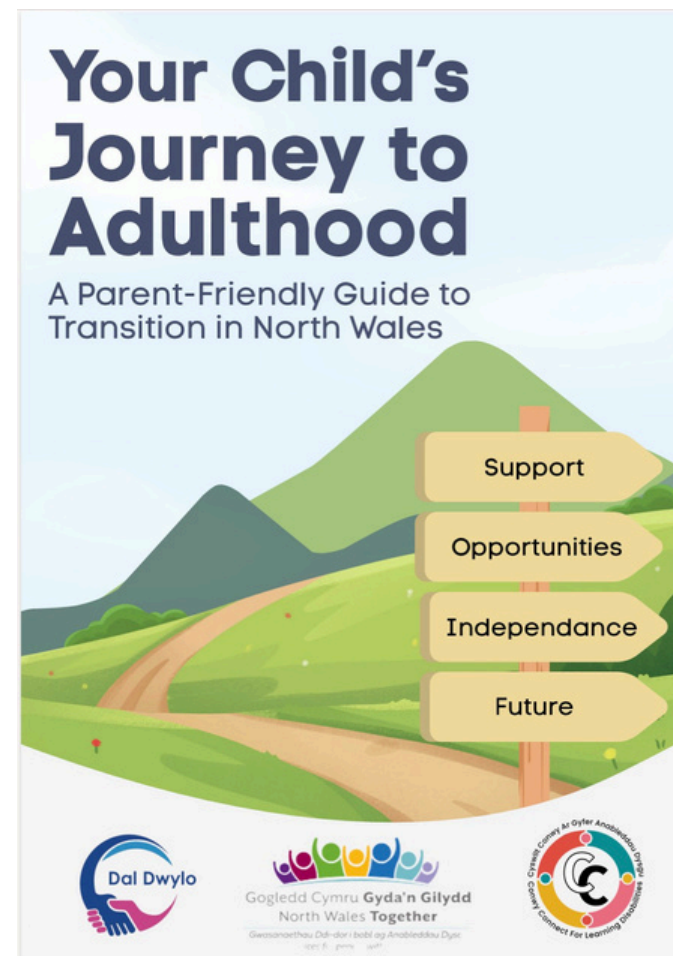
Barriers

- Lack of funding
- Voluntary
- Welsh Language 
- Geography
- Resistance & push back from local authority & school
- Lack of knowledge about entitlements and external support - parents and Social services
- Gatekeeping
- Resistance from parents - not wanting to rock the boat etc.



What do we do?

- Create community
 - Parent carer support & advocacy
 - Training - PBS, AAC
 - Wellbeing events
 - Signposting
 - Hwb Hafan
 - Regional Partnership Board
 - Shape services & Co Production
-
- Parent Carer Forum
 - Parent Partnership - school
-





E-PAtS



GIG
CYMRU
NHS
WALES
Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board

Early Positive Approaches to Support (E-PAtS) is a parent/carer support programme for families of young children (not yet 7 years of age) with additional developmental needs (sometimes referred to as intellectual disabilities, developmental delays or learning disabilities).

E-PAtS is co-produced. It is designed by Prof. Nick Gore and Jill Bradshaw, and run by families and practitioners working together. In E-PAtS, parents and carers are always recognised as experts.

The parents/carers are adult family members who support a child with additional needs. In E-PAtS, parents/carers are supported in a face-to-face or online group by a trained parent/carer and practitioner facilitator over 8 (2.5 hour) sessions.

E-PAtS sessions cover:

- How to access support services;
- Support for parent/carer wellbeing;
- Supporting sleep for children;
- Supporting communication and everyday skills for children;
- Positive ways to support behaviours that challenge.

PBS



Positive Behaviour Support for families

- Learn the basic principles of PBS
- Understand why behaviours of concern might happen
- Reduce the behaviour by providing proactive support
- Improve wellbeing and quality of life
- ONLINE course: 6 hours over 3 weeks
- Designed by and for parents
- Led by Bild

Limited places available.



28 April
5 May
12 May
10am - 12pm

For information and to register contact info@daldwylo.org



Impact Report

"You feel so positive about
the future after such courses"
M ~ attendee

PROJECT

Dal Dwylo hosted an online Positive Behaviour Support (PBS) workshop for 6 families, facilitated by BiLD and funded by North Wales Together. The workshop was spread over 3 weekly sessions, each 2 hours long plus a small amount of homework.

IMPACT ON ATTENDEES AND FAMILIES

"I just wanted to say a quick 'thank you' for opening up the recent BILD PBS course to people outside of Gwynedd, and allowing me to attend. I found it to be a really useful opportunity to discuss some of the difficulties we've been having with other parents who have been through similar. I also really liked the fact that the course instructors were also SEN parents- they brought a wealth of knowledge and experience with them." L ~ attendee

"I really got a lot of insight, and a trigger to question reasons for all the of the behaviours of concern without being quick to react, and honestly it's done me and T some good." M ~ attendee

IMPACT SNAPSHOT

6

Family representatives

6

Hours training on line
plus homework.

2

Counties in North
Wales - Gwynedd &
Anglesey.



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Empowering families. Embracing abilities



2025/26



Dal Dwylo
Cyfari, Cefnogaeth & Partneriaeth
Signposting, Support & Partnership

**Partneriaeth Rhieni
Parent Partnership**

**Panad a sgwrs/ Coffee & chat
Dydd Iau cyntaf bob mis
First Thursday of the month
9.30 - 11.30
Ysgol Pendalar
Caernarfon**

www.daldwylo.org

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Do you see me?

Sefydliad Teuluo! Family Challenge!

**#BeicaHeic
#LearningDisabilityWeek
#Doyouseeme**

North Wales Bike and Hike

BEIC A HEIC GOGLEDD CYMRU

SCAN ME



Celf a Chrefft i Ofalwyr

**15 Ionawr 2026
11.30yb-2.30yp**

**21ain Ionawr 2026
7.00yp-9.00yp**

Am Ddim!

**Yn hanfodol i archebu
Info@daldwylo.org**

Dal Dwylo
Wedi ei ariannu gan Llywodraeth y DU
Funded by UK Government



Dal dwylo
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Augmentative and Alternative Communication - AAC

I NEED A BREAK

www.daldwylo.org

Dal Dwylo
Cyfari, Cefnogaeth & Partneriaeth
Signposting, Support & Partnership

Gryddol'n gilydd, ein nod yw creu cymuned o rieni a galwlynn sy'n cael eu cefnogi, eu hyrwyddu a'u grymuso. Gwelirio mewn partneriaeth â'r gymuned anableddau dysgu, asiantaethau statudol a sefydliadau'r trydydd sector i wella opsiynau a chyflaedd i bobl ag anghyngion cymorth uchel - gan greu newid cadarnhaol i'r bobl rydym yn eu caru ac yn galu amdanynt.

www.daldwylo.org



**Bwrddiau a chymorth llifogydd wedi'u cynnwys.
Boards & buoyancy aids included.**

PADL A PANAD

**10.30 - 12.30
Dydd Gwener 24 Ebrill
Friday April 24th**

**10.30 - 12.30
Dydd Gwener 22ain Mai
Friday May 22nd**

Dal Dwylo
All Wales Forum
Ffwrn Cymru Cytan

Do you see me?

Info@daldwylo.org



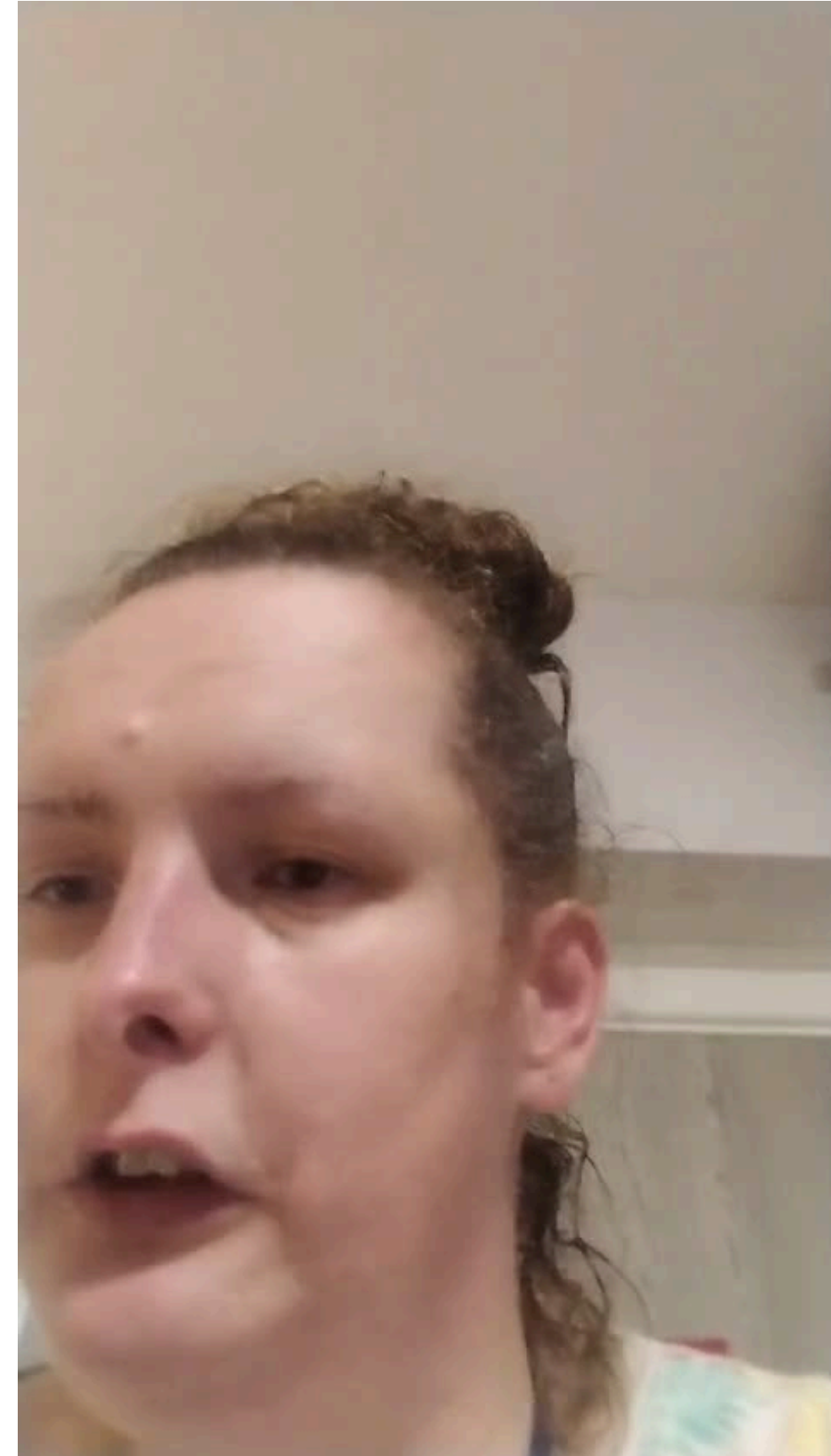
This group has done more to help my well-being and mental health in a week, more than any other group has done all year so far. So thank you guys!



A woman and a child are standing next to a white pony under a white tent. The woman is wearing sunglasses and a black top, and the child is also wearing sunglasses. The background shows a grassy area and a fence.

Family story

- Homelessness
 - Additional needs, rare disorder & epilepsy
 - Multi agency engagement
 - Disabled child
 - Loss of career
 - Isolation
 - Lack of suitable leisure activities
-



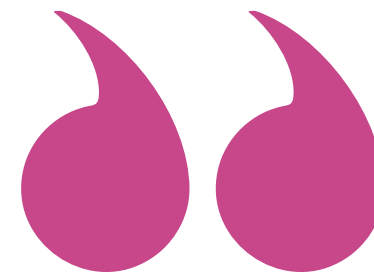


Hwb Hafan and Dal dwylo mean a lot to us as a family.

I have met wonderful people and children. It's lovely to have a safe space to meet up with others and not having to worry about my child's safety. My children love attending they always have a great time!.

It also gives me the opportunity to relax a little and have a chat with parents. Something we wouldn't get to do otherwise.

I have learned so much from dal dwylo with all the information they give. All the women who run it are extremely supportive and helpful. I'm truly grateful and appreciate everything they have done and continue to do for special needs families.





*"Life changing &
a sense of purpose"*



Dydd Sadwrn
diwethaf
y mis.

Last Saturday
of the month.

1.00 - 4.00



HWB HAFAN

Cynhwysiant, Cysylltiad, Hwyl.
Inclusion, Connection, Fun.
0-18+

Lle cynhwysol i gael hwyl, ymlacio & cysylltu. Ar agor i oedolion a phlant â Anabledd Dysgu. Croeso i frodyr a chwiorydd. Dim gofal yn cael ei ddarparu.

An inclusive space to have fun, relax & connect. Open to adults & children with a Learning Disability. Siblings welcome. No care provided.

Coed Mawr
Community Centre
Bangor
LL57 4QT



- Gweithgareddau/Activities
- Cerddoriaeth/Music
- Ardal dawel/Quiet area
- Pabell sensori/Sensory tent
- Diodydd/Refreshments
- Ffrindiau/Friends
- Gwestai arbennig/Special guests



info@daldwylo.org



*"I asked for help and realised
I wasn't alone."*



Bangor

A55 E



Dydd Sadwrn
diwethaf
y mis.

Last Saturday
of the month.

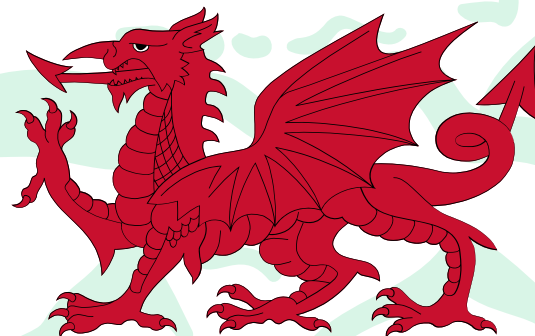
1.00 - 4.00



HWB HAFAN

Cynhwysiant, Cysylltiad, Hwyl.
Inclusion, Connection, Fun.
0-18+

A55 W



A487

- 
- Gofod Gweithgareddau Aml-synhwyrol.
 - Ystafell synhwyrau
 - Gofod dysgu - dysgu gydol oes i bawb
 - STEM/STEAM
 - Gofod/caffi gofalwyr
 - Gwybodaeth a chyfeiriadau
 - Toiled arddull Newid Mannau
 - Cyfleuster defnydd aml-dddefnydd
 - 0-25+

- Cyfarwyddwyr
- Teuluoedd
- Therapi Siarad
- Cynghorydd
- Addysgwyr
- Mewnbyniad TG a Ffisiotherapi

- Multi Sensory Activity space.
- Sensory room
- Learning space - lifelong learning for all
- STEM/STEAM
- Carers space/cafe
- Information & Signposting
- Changing places style toilet
- Multi use facility
- 0-25+

Co produced

- Directors
- Families
- Speech Therapist
- Counsellor
- Educator
- OT & Physio input.

Stepping into AAC

A collaborative project of the
Angelman Syndrome Foundation & PrAACtical AAC



AAC SUCCESS

How can I contribute to successful AAC?

Like many things in life, AAC takes a village. Communication is part of human connection and it truly is a driving factor in our world. Everyone communicates, and even those with the most significant disabilities can become more effective communicators. Those of us who use language with ease can facilitate their learning at every interaction.

Our interaction style and strategies as communication partners are key in the overall success of our AAC learners. How can we motivate our learners to share their ideas, feelings, dislikes, and passions? The better question is, how do we open our senses to see what they're already communicating with us?

CORE VOCABULARY

continued

Core vocabulary words also provide us with more opportunities to communicate in lots of different ways! Think about the word, "stop", for example. We can use the word "stop" to direct a person's action ("Stop it!"), make a comment or observation ("The car stopped."), make a request ("Can you stop for ___?"), protest ("I need to stop."), "Stop" and think for a minute, how would you communicate without these words?

Fringe vocabulary, on the other hand, refers to an infinite number of words that are primarily made up of nouns and make up about 20% of what we say each day. These words are highly specific and include words such as 'bubbles', 'dress', 'Miss Sandy', and 'notebook'. We'll cover more about fringe vocabulary in next week's newsletter.

“
It's a new language for me & it's a new language for Maya.
”
Deborah, mom of Maya, age 2, Deletion + Angelman Syndrome

Praacticalaac.org

AAC?

Mae Cyfathrebu Cynorthwyol ac Amgen (AAC) yn cyfeirio at ddulliau a ddefnyddir i gefnogi neu ddisodli iaith lafar i unigolion ag anawsterau lleferydd neu iaith. Mae'n cynnwys dewisiadau technoleg isel fel byrddau lluniau, arwyddion, a symudiadau, yn ogystal â dyfeisiau cynhyrchu lleferydd uwch-dechnoleg. Mae AAC yn gwella cyfathrebu ac yn hyrwyddo annibyniaeth.

Augmentative and Alternative Communication (AAC) refers to methods used to support or replace spoken language for individuals with speech or language difficulties. It includes low-tech options like picture boards, signs, and gestures, as well as high-tech speech-generating devices. AAC enhances communication and fosters independence.

- Yn canolbwyntio ar gefnogi teuluoedd sydd eisiau integreiddio CAC i'w bywydau ond efallai nad oes ganddynt y cymorth proffesiynol angenrheidiol.
- 20 wythnos, adnoddau syml, wythnos-wrth-wythnos i helpu teuluoedd i gefnogi dechreuwyr cyfathrebu o bob oed. Pob wythnos, ceir gweithgareddau ymarferol hawdd, fideos a llawlyfrau cydymaith, a newyddiadur i ddysgu ohono.
- Wedi'i ddylunio ar gyfer teuluoedd sydd â: Plant, ieuenctid, a phobl oedolion sydd newydd ddod i CAC a fyddai'n elwa o ddefnyddio cynorthwyyr cyfathrebu gyda geiriau amledd uchel neu eirfa graidd; a
- Unigolion o unrhyw oed sy'n defnyddio CAC o'r blaen ond nad ydynt yn cyfathrebu â hi'n gyfredol drwy'r dydd.

- Focuses on supporting families who want to integrate AAC into their lives but who may not have the professional support needed.
- 20 weeks, 20 min per day, (10wks, 2 x 5wk blocks) simple, week-by-week resources to help families support beginning communicators of all ages. Each week, there are easy hands-on activities, videos and companion handouts, and a newsletter to learn from.
- Designed for families that include: Children, adolescents, and adults who are new to AAC and would benefit from using communication aids with high-frequency words or core vocabulary; and
- People of any age who previously used AAC but are not currently communicating with it throughout the day.



www.daldwylo.org

Dal Dwylo CIC



Dal Dwylo Cymuned gofalwyr Rhieni/Parent Carer Community



RYDYM ANGEN EICH CYMORTH! WE NEED YOUR HELP!

Mae arnomangen canolfanweithgareddau aml-synnwyr
ystafell synhwyrdd yng Ngangor ar gyfer pobl ag Anghenion
Dysgu Ychwanegol a Anableddau.

We want an multisensory activity centre and sensory
room in Bangor for people with Additional Learning Needs
& Disabilities.

HWB HAFAN

Helpwch ni
i wneud
iddo ddigwydd.
Rhoddwch heddiw!



Help us to make
it happen.
Donate today!

Info@daldwylo.org

Fb @Dal Dwylo CIC

In Summary...

So far....

- Family support - parents, siblings & grandparents. - 999 club!
- Mental health & Wellbeing.
- Hwb Hafan project - inclusive, supportive safe space for parents/Carers & children of all ages.
- Education, Information & Advocacy
- Collaboration with 3rd sector organisations and local authority.

Aspirations

- Own dedicated Inclusive Multisensory activity space
- Lifelong learning facility for adults with ALN
- Community of informed parent carers
- Improvement in services, respite & education
- Co-production
- Increase parent carer wellbeing events

The greatest danger is not setting our goals too high and failing, but setting them too low and achieving them ~ Michelangelo?



All Wales Forum
Fforwm Cymru Gyfan



Gogledd Cymru **Gyda'n Gilydd**
North Wales **Together**

Gwasanaethau ddi-dor i bobl ag Anableddau Dysgu
Seamless services for people with Learning Disabilities

Diolch/Thank you