

## Join us and be part of a journey to person-centered independent living for loved ones with learning disabilities in Wales...

### Home from Home Network: Co-producing a Shared Lives Toolkit

Calling all family carers and professionals who care and support people with learning disabilities. Together with Shared Lives, we want to ask for 90 minutes of your valuable time to begin to build toolkit that supports voice, choice and control, and ultimately independence.

Work with us to start this process of co-producing –

1. A family-driven resource outlining the benefits of the Shared Lives model as part of a planned move to independent living
  2. An intriguing story that shows the care and attention that goes into the matching process
  3. A peer-to-peer network of learning through information, questions and support from other families and professionals
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Families who are thinking about, or that have been through the process of transitioning to independent living, we would love to hear your valuable voices on what information and support you need, or would have liked, from a conversation about independent living.

Every contribution, little or larger, matters. Please join us by registering below –

## REGISTER FOR THIS EVENT

### Want to know more?

#### What is the Home from Home Network?

*A network that aims to allow families to gain control of the process with support from friends, families and professionals - create a genuine Home from Home.*

#### Why is this network important?

Moving from the family home to independent living can be daunting, especially for individuals with learning disabilities and their parents and carers.

In partnership with Shared Lives Plus, we've spoken to carers and their families from across Wales about their anxieties of such an important period and we have collectively co-produced the Home from Home network to help families during this period.

#### Who will this network be for?

This network will be for family carers, Shared Lives Carers and professionals whose loved ones are -

- Thinking about transitioning from home to independent living
- Who have transitioned from home to live independently

- Who want to find out more about the transition and matching process and what options are available to them

This network is initially for mid-Wales, but we welcome families, friends and colleagues from all parts of Wales to contribute their support and experiences in the hope of

### How will it work?

Through co-producing solutions with carers and partners, one of the things missing from the process at the moment is peer-support and the opportunity to take some time with professionals to discuss the emotional side and variety of options when transitioning from the family home to independent living.

We plan to meet regularly to connect carers and professionals with peers to provide support, give advice and share experiences as to how

### Who are we?

**All Wales Forum** of Parents and Carers of People with Learning Disabilities. We are the national voice of parents and carers of people with learning disabilities across Wales. We work with our regional networks to give bring a national voice and recognition to carers across the country. We do this through our partnership work with both carers and learning disability networks to influence policy and identify community-driven solutions with families.

**Shared Lives Plus** support people to live independently and are well established in Wales. The time and effort that Shared Lives model put into matching and creating a genuine homely and independent environment make them experts in putting families at the centre of the process by giving them opportunities to exercise their voice, choice and control.

### How to join?

Register via Zoom by using the link below –

<https://us06web.zoom.us/meeting/register/tZAPcu6rrjwuHdMpdkksOkBcq7cA-7hQNi0Z>

If you have any questions regarding this event, please contact us [caringcommunities@allwalesforum.org.uk](mailto:caringcommunities@allwalesforum.org.uk) or 07976 223992.

Best,

*The AWF Team*



## Event Agenda

Time: 11am – 12:30pm

Date: 23<sup>rd</sup> of March 2023

11:00 – 11:05 – Welcomes, Arrivals and Housekeeping

11:05 – 11:20 – Background to the co-production session, including:

- What is the goal of this toolkit?
- Why are we building this?
- What evidence do we have that this is something families are looking for?
- How would we like this to be used?

11:20 – 11:40 – An open conversation on the opening information

11:40 – 12:00 – Co-production of toolkit materials: Part 1

- Content
- Layout
- Accessibility

12:00 – 12:10 – Break

12:10 – 12:30 - Co-production of toolkit materials: Part 1

Initial thoughts and ideas on the...

- Implementation of materials: When? How? Where will these materials be used?
- What's next? How will we continue this co-production journey?